Our Purpose
The organized unit of United Methodist Women is a community of women whose Purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship; and to expand concepts of mission through participation in the Global ministries of the Church.

Treasurer Request
The first quarter dues need to be mailed to Linda Smith by March 15. Also any monies collected for Rise Against Hunger

Linda Smith
405 Magnolia Dr
Franklin, TN 37064

NOMINATING COMMITTEE
RED RIVER DISTRICT UMW

The Red River District UMW faces a real challenge for 2019. There are an extremely large number of vitally important offices to be filled by October, 2018.

They include:
President, Vice-President, Recording Secretary, Spiritual Growth Coordinator, Education & Interpretation Coordinator, Social Action Coordinator, Secretary of Program Resources (Reading Program), Communications Coordinator (Newsletter), & 4 members of the Nominating Committee.

If you feel the call to service or if you would like to recommend someone for one of these offices, please contact Pat Allen, (931) 648-0174 or patfallen@yahoo.com. If you are currently serving in an office, but are willing to continue serving in that capacity for the next 2 years, we welcome receiving that information. Thanks in advance for your help.

Pat Allen
Nominating Committee Chair
I like to color. Until a few years ago, I would borrow left-behind coloring books of my now-grown children and would find myself coloring Winnie-the-Pooh, My Little Ponies, and a variety of construction and farm equipment pictures.

Now, however, it seems that many adults like to color, and there are adult coloring books readily available to suit all interests. Having said that, it is no wonder I was drawn to the Reading Program book, Pray and Color by Sybil MacBeth which Joanna Bailey had available at the district officer’s training in Dickson.

Ms. MacBeth claims that “coloring can be a spiritual practice,” which fits right into my desire to grow spiritually this year. I was at first skeptical at using coloring as a way to pray, but the more I read, the more motivated I became to try!

The first half of the book is devoted to explaining how coloring can be spiritual, coloring as prayer, different types of prayers and ways to pray, and suggestions for using the second half of the book—the coloring templates or pages.

One thought that appealed to me is that a spiritual practice is an activity in which the “mind, body, emotions, thoughts, and spirit” are all together at the same time in the same place—sort of the opposite of multi-tasking—and I can see how this can happen when you concentrate on coloring a prayer.

I do not want to divulge any more of Sybil MacBeth’s ideas and suggestions and beliefs about praying and coloring, but I do encourage you to visit Joanna Bailey’s Resource table at district meetings and check out Pray and Color; even if you don’t like to color I think you will be inspired!

Valerie Lavery

Spiritual Growth Coordinator
Bethlehem Center of Nashville is a National Mission Institution of the Women’s Division, General Board of Global Ministries of the United Methodist Church.

More than 100 years ago, Estelle Haskins, a Caucasian missionary, and Sallie Sawyer, an African American Fisk University graduate, merged services to start a kindergarten, well baby clinic, sewing circle and recreation programs.

These two women broke racial and gender barriers of their time to form a ministry to serve those in need. Today, Bethlehem Center continues its ministry of “changing lives and building futures” to support the needs of inner-city working families. As a Family Resource Center, we remain committed to the education and care of at-risk children and youth, serving the needs of seniors, feeding the hungry and providing hope, help and healing for those in need.

OUR MISSION:
Bethlehem Center of Nashville is a non-profit Family Resource Center that promotes self-reliance and positive life choices for children, adolescents and seniors in the North Nashville community through the delivery of quality programs and services. Established in 1894 as a rescue mission and day school by United Methodist Women, we continue the ministry of “changing lives and building futures.”
**RED RIVER DISTRICT UMW MISSION u 2018**

**WHEN:** March 17, 2018, 9am to 2pm  (Registration starts at 8:30)

**WHERE:** Clark Memorial UMC, 1014 14th Ave. North, Nashville, TN 37208

**OTHER:** Please bring a sack lunch. Drinks will be provided. Childcare provided – if requested.

**SERVICE PROJECT:** Collection of hair care and hygiene products for the foster children and those in child protective custody in Cherokee, NC. **Items needed:** lice shampoo/spray, lice combs, brushes, combs, shampoo, soap, towels & washcloths, deodorant, toothbrushes, toothpaste.

**What is Mission u?**  **Mission u** is Engaging Studies, Community Building and Dynamic Worship. **Mission u** brings us together to explore the implications of our Christian faith in today’s contexts. Participants learn and discuss together study topics related to spiritual growth, a geographic area and a current issue. Women, Men, Youth and Children are all welcomed.

**Spiritual Growth Study – Living as a Covenant Community** –

This study examines major covenants throughout the Bible and what they reveal about God’s character and eternal love for us. It will enhance your understanding of how God works with us, in us, and through us.

Study Leader: Rev. Tom Binford

**Geographic Study – The Missionary Conferences of the United Methodist Church** – The aim of the study is to give an overview of the three missionary conferences in The United Methodist Church: The Alaska United Methodist Conference, Red Bird Missionary Conference and the Oklahoma Indian Missionary Conference. What does the future look like for these conferences?

Study Leader: Joyce Clark
I hope as many as possible will be able to attend the Mission u at Clark Memorial UMC, 1014 14th Avenue North, Nashville, TN 37208.

The United Methodist Women there will be welcoming us with open minds and hearts.

_Covenant:_ (n) compact, legal agreement, understanding between two or more parties

(v) agree or contract, promise, to pledge or give assurance

Our studies are:

_Living As A Covenant Community_ by Rev. Tom Binford where we will be reassured by the covenants God has made for His people. Rev Binford has requested each person bring a handful of soil from your favorite garden, lawn, or place of peace - small zip lock bag is fine.

_Missionary Conferences of the United Methodist Church in the United States_ taught by Joyce Clark. This an overview of the three conferences, the contexts out of which they grew and their current engagements. These are our home and international missionaries at work.

Please do not be concerned if you have not yet sent in your forms! There is still time! These may be e-mailed to me:

Judith Tate bigkahuna730@gmail.com Or call at 931-216-9796.

*Don’t forget to bring a sack lunch/ drinks will be provided.*

“If you sometimes wonder about your capacity for faith, consider how you rise each day and you will know that you don’t have to question whether you have it. Like your heartbeat, faith moves you forward with strength and steadiness, and God is with you in the same way. Our English word “confidence” comes from the Latin word _confidere_ ~ “with faith”~ and that is how I hope each of you will follow your path this year.”

Judith Tate
Education and Interpretation
SAVE THE DATE
Intergenerational Event
August 18 Brunch  begins at 9:00
Hilldale UMC, Clarksville, TN

At our District Training Event it was voted that we would have a meal packaging event for Rise Against Hunger as our all-ages hands-on mission project.

In order to make this happen, we need to raise $3000-$3500. We are asking each District UMW unit to send in $100 by July 1 (additional donations would be appreciated). Please send in to Linda Smith, our District Treasurer. We will need to provide $0.29 cents for each meal we plan to package.

A group of 40 to 50 volunteers can package 10,152 meals (the minimum number) in about two hours. There is something there for everyone to do; if you cannot stand for long, don't worry - you may sit and do this job! We are especially excited to have children and youth attend.

We are planning to have a couple of the packets “prepared”. What an impact to see how different our lives would be if we were dependent on this for our well-being.

Please feel free to invite folks who aren't in UMW (church youth groups, other church friends, neighbors) as well as your own units. Let this be a family event- children and families are invited. We would like to get a head-count by August 1.

Website for more information: http://www.riseagainsthunger.org/about-us/
I attended my second Red River District THR!VE training last week facilitated by District Superintendent Ken Murray and his new Leadership Team. Thr!ve is based on 3 steps: Loving, Learning, and Leading.

Loving – As we broke into our Church Council small group, we were asked “Where in your community do you see God crying? How will you and your church respond?”

Learning – Listen to each other and the community and ascertain where and what God is leading you to do.

Leading – Don’t sit back, lead in making a plan and follow through.

UNITED METHODIST WOMEN – YOU GOT THIS!! This is what the UMW has been doing for almost 150 years!

But....when was the last time YOU, personally and as a unit, asked yourself where do YOU see God crying and/or in action? Do you look for God Sightings daily? What did you see today?

Red River District UMW will have several opportunities to this year to be in Action. At Mission u on March 17, we will be collecting hair and hygiene supplies for the Cherokee Reservation in Cherokee, NC. At the Spiritual Day Apart on April 28, we will be collecting for the Bethlehem Centers in Nashville, TN.

Our Intergenerational Event on August 18 will be a Food Packaging Event for Rise Against Hunger (formerly Stop Hunger Now) which is an International food program. Also, take note of the Conference UMW Events.

Hope to see many of you soon!

Blessing,
Terry Guertin
931-237-1964
WHEN: March 17, 2018
WHERE: Clark Memorial UMC, 1014 14th Ave. North, Nashville, TN 37208
TIME: 9am to 2pm (Registration & coffee & donuts starts at 8:30)

SERVICE PROJECT: Collection of hair care and hygiene products for the foster children and those in child protective custody in Cherokee, NC.

Bring a sack lunch (drinks will be provided). This is an open study; one does not have to be a UMW member to participate, so bring a friend.

Childcare will be provided for infants and toddlers up to age 5, if requested.

Please send in this registration form to Judith Tate, 4713 Chester Harris Rd, Woodlawn, TN 37191 send in the below information by email to bigkahuna730@gmail.com.

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ONE NAME PER FORM PLEASE

NAME: ____________________________________________
ADDRESS: ____________________________________________
____________________________________________________________________________________
PHONE NUMBER: ________________________________
CHURCH/UNIT __________________________________________

Check desired study:

_____ Spiritual Growth: Living As a Covenant Community
(Leader: Rev. Tom Binford)

_____ Geographic Study: The Missionary Conferences of the United Methodist Church (Leader: Joyce Clark)

Check if requesting childcare: _____ Bringing an infant/child

Child’s Name ___________________________ Age ________________
UMW Websites on the WWW

Red River/Clarksville District UMW
https://sites.google.com/site/clarksvilledistrictumw/

Tennessee Conference UMW
http://www.tnumw.org/

UMW
http://www.unitedmethodistwomen.org/

UMW Mission Resources
http://www.umwmissionresources.org/

Facebook for UMW
https://www.facebook.com/UMWomen
## TN Conference UMW Events in 2018

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>January 20</td>
<td>Conference Training for District Officers</td>
<td>Smyrna First UMC, Smyrna, TN</td>
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<tr>
<td>April 7</td>
<td>Conference Intergenerational Event</td>
<td>Clark UMC, McMinnville, TN</td>
</tr>
<tr>
<td>May 5</td>
<td>Hands On Workday – Rise Against Hunger</td>
<td>Smyrna First, Smyrna, TN</td>
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<tr>
<td>July 12-13</td>
<td>Conference Mission u</td>
<td>St. Mark’s UMC, Murfreesboro, TN</td>
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<tr>
<td>September 7-9</td>
<td>Spiritual Retreat</td>
<td>Beersheba Springs, TN</td>
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<tr>
<td>October 13</td>
<td>Conference Annual Meeting</td>
<td>Murfreesboro First UMC, Murfreesboro, TN</td>
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</tbody>
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Red River District UMW Events in 2018

February 3  District Training for Unit Officers
(Feb 10 - snow date) Dickson First UMC, 215 N Main St, Dickson, TN 37055

March 17  District Mission u
Clark Memorial UMC, 1014 14th Ave. North,
Nashville, TN 37208

April 28  District Spiritual Day Apart
Ashland City UMC, 103 Oak St, Ashland City, TN 37015

August 18  District Intergenerational Event
Hilldale UMC, 1751 Madison St, Clarksville, TN 37043

October 27  Red River District Annual Meeting
St. Bethlehem UMC, 2201 Old Russellville Pike,
Clarksville, TN 37040
RED RIVER DISTRICT OFFICERS

PRESIDENT
Terry Guertin, Mt. Pleasant & Central Chapel UMC
1581 Dotsonville Rd
Clarksville, TN 37042
C (931) 237-1964
mrstguertin@gmail.com

VICE PRESIDENT
Pam Wilson, Mt. Carmel UMC
3400 W Stroudsville Rd
Cedar Hill, TN 37032
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